TEST YOUR DRUG IQ

HOW MUCH DO YOU KNOW ABOUT ALCOHOL, CIGARETTEs, AND MARIJUANA?

Circle the right answer to each question. If you think more than one answer is correct, circle all that apply. After you have completed the test, read it to your parents or another adult in your family. Put an “X” next to each of their answers.

1. Some people become dependent on marijuana or alcohol as a way to feel good or to escape their problems.
   True                  False

2. Tobacco is a highly addictive drug, which means the body becomes physically dependent on it very quickly.
   True                  False

3. It’s more dangerous to drive when you’re drunk than when you’re high on drugs.
   True                  False

4. Teenagers who smoke often have “smoker’s breath” and yellow teeth.
   True                  False

5. If someone offers you marijuana and you don’t want it, a good response is to
   a. say, “No, thanks.”
   b. make a scene and put him or her down for smoking marijuana.
   c. say, “I don’t like what it does to me.”
   d. say, “Thanks a lot,” and take a hit.

6. People who smoke don’t become addicted to cigarettes until several years after they start smoking.
   True                  False

7. Losing control when you are drunk or high means you may do something you wouldn’t do if you were not high.
   True                  False

8. Of everyone who has lung cancer, over 85% got it from smoking.
   True                  False
9. Alcohol can be deadly. If you drink enough alcohol at one time, it can kill you.
   True  False

10. Smoking just one cigarette a week can cause coughing, wheezing and excessive phlegm production.
    True  False

11. Almost any drug, if used for a long time, causes physical or mental dependency.
    True  False

12. It is legal to sell cigarettes to any teenager.
    True  False

13. Marijuana damages your lungs.
    True  False

14. Heavy and chronic drinking can harm every organ and system in the body.
    True  False

15. Smoking relaxes you even when you’ve never tried cigarettes before.
    True  False

16. The main reason most teenagers continue to smoke cigarettes once they start is
    a. they think it makes them look cool.
    b. they like spending so much money on cigarettes each week.
    c. they like the way their breath smells.
    d. they are addicted.

17. Having a bad “high” on marijuana means you might feel anxious, scared, uptight, or even terrified.
    True  False

18. Advertisers try to make you believe that drinking alcohol will
    a. make you more popular.
    b. make you throw up.
    c. make you look glamorous, sexy, or macho.
    d. get you addicted.
    e. make you have a car crash.
19. More than four in five smokers want to quit. With a good smoking cessation program, 20-40% of the participants are able to quit and stay quit for at least one year.

   True  False

20. Marijuana smoke contains some of the same cancer causing and toxic substances as tobacco, sometimes in higher concentration.

   True  False

21. Marijuana is being cultivated to contain much higher THC content than it has when it grows in the wild. THC content is often as high as 20%.

   True  False

22. If a parent or other family member is an alcoholic, you are much more likely to become an alcoholic.

   True  False

23. People who smoke for many years are likely to develop
   a. bronchitis.
   b. lung cancer.
   c. heart disease.
   d. cancer of the mouth, larynx, esophagus, or bladder.

24. Because marijuana is a “natural” substance, it is a safe alternative to drugs.

   True  False

25. Teenagers start smoking because of
   a. pressure from peers.
   b. pressure from ads, sponsorships and promotions.
   c. pressure from themselves.
   d. curiosity.

26. Teenagers drink because
   a. their parents drink.
   b. they think it’s less harmful than other drugs.
   c. advertising makes it tempting.
   d. they want to rebel.